

Week 1 Lunch Menu

Location: Pinn River School

Prepared in accordance with school food standards

Monday

Main (Meat): Chicken sausages (oven-baked) with mashed potato, gravy, carrots & broccoli

Main (Vegetarian): Quorn sausages with mashed potato, gravy, carrots & broccoli

Dessert: Fruit yoghurt (peach or strawberry)

Tuesday

Main (Meat): Minced beef pasta Bolognese

Main (Vegetarian): Quorn pasta Bolognese, swede & carrots

Dessert: Sponge cake with custard

Wednesday

Main (Meat): Minced beef pasta Bolognese

Main (Vegetarian): Quorn pasta Bolognese, swede & carrots

Dessert: Banana Mousse

Thursday/Vegetarian Day

Main (Vegetarian): Vegetable curry/stew with rice

Dessert: Apple crumble with custard

Friday

Main (Fish): Battered fish (frozen, approx. 80g per portion) with chips, baked beans & peas

Main (Vegetarian): Vegetarian nuggets (frozen) with chips, baked beans & peas

Dessert: Jelly

Allergen Matrix (Summary)

Dish Component	Gluten	Milk	Eggs	Fish	Soy	Celery	Sulphites
Chicken sausages	✓	X	×	×	×	✓	×
Quorn sausages	✓	✓	✓	×	✓	×	×
Mashed potato	×	X	×	×	×	×	×
Gravy	✓	×	×	×	×	✓	×
Beef Bolognese	✓	×	×	×	×	✓	×
Quorn Bolognese	✓	X	✓	×	✓	×	×
Roast chicken	×	×	×	×	×	×	×
Chicken curry/stew	×	X	×	×	×	×	×
Red lentil curry	×	×	×	×	×	×	×
Battered fish	✓	×	×	✓	×	×	×
Veg nuggets	✓	✓	✓	×	✓	×	×
Desserts (general)	✓	✓	✓	×	×	×	×

Notes:

- All meals are suitable for children with Special Educational Needs (soft textures where required).
- Frozen products are fully cooked according to manufacturer guidance.
- Allergen information is indicative; packaging should always be checked.

Prepared for educational catering use